



Asian Rope Skipping Championships Record

30 seconds Speed				
	Championships	Country	Name	Record
14 or Under Female	6AC	MACAO, CHINA	LO CHAK KWAN	86.50
14 or Under Male	5AC	HONG KONG, CHINA	LAU HO NAM	91.00
15 or Above Female	6AC	HONG KONG, CHINA	WONG WING YAN	86.50
15 or Above Male	6AC	HONG KONG, CHINA	HO CHU TING	95.50

3 minutes Speed				
	Championships	Country	Name	Record
14 or Under Female	6AC	MACAO, CHINA	LO CHAK KWAN	435.00
14 or Under Male	6AC	SOUTH KOREA	HAM KANGHYUK	471.50
15 or Above Female	6AC	HONG KONG, CHINA	SO CHUI YI	421.00
15 or Above Male	6AC	HONG KONG, CHINA	HO CHU TING	488.00

Consecutive Triples Under				
	Championships	Country	Name	Record
14 or Under Female	6AC	SOUTH KOREA	YI SUMIN	153.50
14 or Under Male	6AC	MACAO, CHINA	LEI KA CHON	218.00
15 or Above Female	6AC	SOUTH KOREA	CHO YEONJU	237.00
15 or Above Male	6AC	SOUTH KOREA	CHO KISIK	449.00

Single Rope Speed and Double Under Relay				
	Championships	Team	Record	
14 or Under Female	5AC & 6AC	SOUTH KOREA	331.00	
14 or Under Male	5AC	SOUTH KOREA	333.50	
14 or Under Open	6AC	JAPAN	325.00	
15 or Above Female	6AC	HONG KONG, CHINA	317.00	
15 or Above Male	6AC	HONG KONG, CHINA	355.50	
15 or Above Open	6AC	SOUTH KOREA	347.00	

Double Dutch Speed Relay				
	Championships	Team	Record	
14 or Under Female	6AC	SOUTH KOREA	299.50	
14 or Under Male	6AC	CHINA	349.00	
14 or Under Open	6AC	MACAO, CHINA	308.00	
15 or Above Female	6AC	HONG KONG, CHINA	307.50	
15 or Above Male	6AC	HONG KONG, CHINA	377.00	
15 or Above Open	6AC	HONG KONG, CHINA	354.00	

Single Rope Speed Relay				
	Championships	Team	Record	
14 or Under Female	4AC	SOUTH KOREA	300.00	
14 or Under Male	4AC	CHINESE TAIPEI	295.50	
14 or Under Open	4AC	HONG KONG, CHINA	295.00	
15 or Above Female	4AC	HONG KONG, CHINA	278.50	
15 or Above Male	4AC	HONG KONG, CHINA	305.00	
15 or Above Open	3AC	MALAYSIA	276.00	

* Single Rope Speed Relay is no longer part of the Asian Rope Skipping Championships since 5AC.

Single Rope Double Under Relay				
	Championships	Team	Record	
14 or Under Female	4AC	SOUTH KOREA	301.00	
14 or Under Male	4AC	CHINESE TAIPEI	295.00	
14 or Under Open	4AC	CHINESE TAIPEI	293.00	
15 or Above Female	4AC	HONG KONG, CHINA	279.50	
15 or Above Male	4AC	JAPAN	291.00	
15 or Above Open	3AC / 4AC	MALAYSIA / CHINESE TAIPEI	265.00	

* Single Rope Double Under Relay is no longer part of the Asian Rope Skipping Championships since 5AC.

Double Dutch Pairs Speed				
	Championships	Team	Record	
14 or Under Female	4AC	SOUTH KOREA	274.00	
14 or Under Male	4AC	HONG KONG, CHINA	284.50	
14 or Under Open	4AC	HONG KONG, CHINA	250.00	
15 or Above Female	4AC	HONG KONG, CHINA	220.00	
15 or Above Male	4AC	JAPAN	324.00	
15 or Above Open	3AC	MALAYSIA	223.00	

* Double Dutch Pairs Speed is no longer part of the Asian Rope Skipping Championships since 5AC.